

DR. KILMER'S SWAMP-ROOT
THE GREAT KIDNEY, LIVER, AND BLADDER REMEDY
THIS GREAT REMEDY IS RECOMMENDED FOR
Acute and Chronic Diseases of the Kidney, Liver, Bladder or Urinary Organs and Acute, Chronic Rheumatism, Uric acid, lumbago or gout.
PREVENTS BRIGHT'S DISEASE
Dissolves and expels Gravel or Gall Stones. It heals and removes irritation, inflammation, Ulceration or Catarrh of the Bladder.

The Test That Tells.

DOTHAN, Ala., Jan. 21, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—About one year ago two of my children suffered badly from weak kidneys and diabetes; their urine was very bad and they would have severe spells of dizziness, and were all run down in health. I was just about discouraged. I tried several remedies and finally a doctor, but they did not seem to improve. I knew of a friend who was taking Swamp-Root for kidney trouble with good results, and I decided to get some for the children. I noticed there was some improvement after they had taken two large bottles, and continued to give it to them until they had taken a half dozen bottles and were well on the road to recovery. I think Swamp-Root has done more for my children than any other medicine I have tried and I recommend it to any other children who suffer as mine did.

R. W. LINSEBY,
City Clerk, Dothan, Ala.

A Georgia Woman.

SPARKS, Ga., Jan. 11, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—Some time ago I was troubled with kidney trouble; had severe pains in back and hips. Was treated by a physician, but without any benefit. I noticed some Swamp-Root advertising and resolved to give it a trial. After taking four bottles I was completely cured. Have not suffered any pain at all since and can recommend Swamp-Root to anyone suffering from kidney trouble.

Sincerely,
MRS. E. V. STEVENS.

Baptist Minister.

BRINSON, Ga., Jan. 20, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—Some time ago I suffered severely with pain in my back and hips. My back pained me continually and I felt miserable. A friend recommended Swamp-Root. I obtained and took the contents of two bottles when I felt relief. My back has not troubled me since and I can thoroughly recommend Swamp-Root to anyone suffering from kidney troubles, as I find it afforded me great relief.

Yours very truly,
REV. E. T. DAWSON.

Results After Using.

BOSTON, Ga., Jan. 13, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—Some time ago I was troubled with kidney trouble. I thought for some time I was suffering with Diabetes. I had severe pains in my back and hips. A friend recommended Swamp-Root and I decided to give it a trial. I obtained a bottle from a druggist and after taking several bottles the pain was entirely gone and I have not suffered the slightest since. I cannot be too enthusiastic in my praise of this wonderful medicine and it gives me great pleasure to give my testimonial in regard to its merits.

J. B. ROUNTREE,
Former Mayor and Member Legislature.

We have sold Mr. Rountree Swamp-Root and have also sold it in a number of cases for kidney trouble and always with perfect satisfaction.

J. C. ADAMS & SON.

The Value of A Remedy Is Proven By Its Cures.

ELKWOOD, Ala., Dec. 14, 1907.
Dr. Kilmer & Co., Birmingham, N. Y.
Dear Sir:—I have derived such great benefit from the use of your remedy, Swamp-Root, that I believe it to be most important for the public to know its worth. For the past ten years I have been the most miserable of men. Did not know what the trouble was, but had to urinate very frequently both day and night; was all puffed up generally. Could not sleep more than a couple of hours at a time, was greatly distressed after eating a meal and was about worn out. I had tried nearly everything I could see advertised and hear of, without helping me to any great extent, until finally in October last at Rigan, Wis., I purchased a one dollar bottle of Swamp-Root and commenced taking it according to directions and I followed that with another bottle and experienced such great relief and benefit from same that I purchased five dollars worth at Huntsville, Ala., and continued its use and am now taking it, but in smaller doses and twice a day in place of the four times a day and believe by the time present supply is used up I will be entirely well. I am feeling better now than for ten years past. Can eat and sleep first-class, in fact I am feeling so good that I cannot resist telling you about it. You are at liberty to publish this testimonial should you wish.

Very Respectfully,
THOS. STALLARD, U. S. A., Retired,
Box 7, R. R. No. 2, Elkwood, Ala.

A Clergyman.

NEW ROADS, La., Jan. 22, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Dear Sir: I write today to the public that your Swamp-Root cured me of kidney trouble. I was almost past going; having spasmodic spells with my kidneys that were breaking down my constitution. The best medical aid was employed and they pronounced my trouble as alkali in the kidney, but were unable to do me any permanent good. I took four bottles of Swamp-Root and became a well man. This was six years ago and I have had no trace of the trouble. Yours for suffering men.

REV. J. R. TAYLOR,
Pastor Baptist Church, New Roads, La.

Mail Carrier's Experience.

BLOUNTVILLE, Tenn.
I have been a rural letter carrier for over five years. Some two years ago I was taken with severe pains in my back. I used medicine from my family physician for several months without any benefit. A friend, Mr. J. D. Nelson, advised me to try your Swamp-Root, but I had no faith in it. I continued to grow worse and at last decided to try this remedy and bought of Long Bros. a five-cent bottle which gave me great relief. I then bought two one-dollar bottles, which I can truthfully say have completely cured me.

Had it not been for Swamp-Root, I would have been compelled to quit the rural free delivery service.

I advise all mail carriers who get pains in their back that Swamp-Root will cure them.

I was so bad that very often my wife would have to help me to arise.

M. B. HENDRICKSON,
Rural Letter Carrier, Route No. 2.

A Contractor.

DONALSONVILLE, Ga., Jan. 20, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—About four years ago I suffered from kidney trouble and rheumatism in my hips. The pain across my back became so severe that I could hardly straighten up and could not walk without dragging my feet. I would urinate frequently and would have to rise two or three times during the night, causing me to suffer from loss of sleep. And with the pain I was all run down and began to lose flesh. I saw Swamp-Root advertised and bought one bottle to try it. After taking it I felt better and could sleep all right at night. I continued to take it until I had taken four large bottles. I was entirely free from any pain in the back and began to gain in weight. I always recommend Swamp-Root to my friends as I think the cure in my case remarkable.

Yours very truly,
M. A. HICKSON, Donalsonville, Ga.

Every mail bring many unsolicited testimonials from people all over the United States and foreign lands, expressing heartfelt gratitude for what Dr. Kilmer's Swamp-Root has done for them. Do not let anyone sell you some other medicine to take the place of Swamp-Root—if you do you will be disappointed—insist on getting what you ask for—there is no other medicine as good as Dr. Kilmer's Swamp-Root.

IF YOU NEED A MEDICINE YOU SHOULD HAVE THE BEST.

SWAMP-ROOT is not recommended for everything, but if you have kidney, liver or bladder trouble or obliged to go often during the day and get up many times during the night, have smarting or irritation in passing or heart disturbance due to kidney trouble, Swamp-Root will be found just the remedy you need.

DON'T BE MISLED—for example, when you ask for Dr. Kilmer's Swamp-Root, the Great Kidney, Liver and Bladder Remedy, don't allow any druggist, drug clerk or storekeeper to persuade you into buying something else in its place. Every time he succeeds in selling you a worthless substitute he makes more profit, but you are humbugged at the expense of your health.

NOTICE.—Every reader of The Sentinel Journal who has not tried Swamp-Root, the Great Kidney, Liver and Bladder Remedy, may address Dr. Kilmer & Co., Birmingham, N. Y. and receive a sample bottle free by mail.

At All Dealers In 50c And 1.00 Sizes.

A Sworn Certificate of Purity With Every Bottle—See Inside Wrapper.

Notice of Election.

Whereas, a petition from the freeholders and electors of Ruhamah School district No. 5, has been filed with the County Board of Education of Pickens county asking said Board for permission to hold an election in said district to determine whether or not two mills extra levy shall be levied on said school district for school purposes.

It appearing to the County Board of Education that the petition meets the requirements of the law, therefore it is ordered that the trustees of the above named School district do hold an election March 6th at Ruhamah School House for above stated purpose. The Trustees shall be managers, and shall conduct this election as all general elections are conducted, and in accordance with Sec. 1208 of the General Statutes.

By order of County Board of Education.

R. T. HALLUM,
Sec. & Chm.

Notice to Debtors and Creditors.

All persons having claims against the estate of the late Isaac Durham deceased, must present the same duly proven on or before the 1st day of April 1909, or be barred payment, and all persons indebted to said estate must make payment on or before the above date to the undersigned.

R. N. DURHAM, Adm.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Wm. D. Gifford*



DR. KILMER
Dr. Kilmer's likeness is on the outside wrapper of every bottle.

Beneficial In Severe Cases.

EDGEFIELD, Tenn.
Dr. Kilmer & Co., Birmingham, N. Y.
Gentlemen:—I hardly know how to express my appreciation for the good your Swamp-Root has done me. I had been greatly troubled with my kidneys and with pain in the back; also with what the doctors termed inflammation of the neck of the bladder. So that my back would get in such shape that I was almost helpless. I had tried several doctors and medicines to no good effect, and finally I noticed in some paper where Dr. Kilmer proposed to send a sample bottle of his kidney medicine, Swamp-Root free by mail. I sent a once and received promptly a sample bottle. After taking it I found it did me good. I then purchased two bottles from our merchant, Mr. W. J. Elder. After taking the medicine I felt like a new man, and each day rode five miles to teach school. You are at liberty to use this letter, or refer anyone to me, as I will always be glad to tell them what a wonderful remedy this Swamp-Root is. Mr. James Evans, of Saundersville, Tenn., is taking it with good results.

Very truly yours,
D. A. MONTGOMERY,
Member Tennessee Legislature,
Rural Route No. 24, Edgefield, Tenn.

Results It Has Provided.

DOTHAN, Ala., Jan. 21, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Dear Sir:—I have been suffering more or less from kidney trouble for the last five years and was induced to try your Swamp-Root. Am happy to say, or give you testimonial, that it has cured me in a traveling salesman for Messrs. Colgate & Co., New York, and am always traveling on the road. Drinking the different waters affected my kidneys.

Yours respectfully,
SAMUEL WOLF.

A Prominent Mason.

JACKSON, Tenn.
According to my experience, I do not consider there is anything to equal Swamp-Root for kidney affection. Twice it relieved me when I was completely helpless. The last time I was traveling in Texas, when my kidneys became affected, and ten days I suffered excruciating pains, accompanied by severe chills. Several years previous, having been relieved of a similar attack, I naturally sought relief as before from Swamp-Root.

After using four of the large size bottles, I was completely restored and went on my way rejoicing and praising Swamp-Root. This was three years ago and I have had no indication of a return of the affection.

J. C. SMITH, JR., 33 Mason.

Fully Satisfied.

WAYCROSS, Ga., Jan. 5, 1909.
Dr. Kilmer & Co., Birmingham, N. Y.
Dear Sir:—During last October I suffered from my kidneys. I consulted my physician, who prescribed for me, but his treatment did not benefit me. After reading some Swamp-Root literature, I decided to give it a trial. After taking a few doses, I felt somewhat relieved, and after two one dollar bottles had been taken, I had no pain and was completely cured. I have not had the slightest pain in my back or hips since. From my own experience, I can cheerfully recommend Swamp-Root to anyone suffering from kidney trouble.

Yours very truly,
SIMON MARTIN.

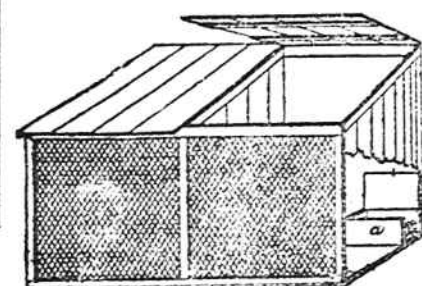
Mr. Martin conducts a carting and transfer business.



DOUBLE BROODING COOP.

It is Not Hard to Build and Will Do Good Service.

The double brooding coop shown in the drawing is four feet square and three feet high at rear, 2½ in front. It may be built of tongue and groove stuff or straight-edge boards one-half or three-fourths-inch thick. The hinged lids should have two cleats each to



Double Brood Coop.

make them firm. In front is a one-inch mesh wire netting and at the edges are strips of three-quarter by 1½-inch stuff, to insure rigidity. In one corner, as shown, is the nest, four inches deep and 15 to 18 inches square, according to the size of the hens kept. The board floor, explains the Orange Judd Farmer, is covered with sawdust or sand. Food and drink are more readily supplied through the door, which preferably lifts in front, as shown.

PROFIT IN POULTRY.

Farmer Keeps Accounts and Finds Biggest Money in the Chickens.

One farmer down east, in order to find out where the leaks and where the gains were, kept an exact account with every department of his farm. He discovered that he was losing money on his beef cattle, that hogs were good if his lambs came early, and that the poultry made the largest per cent of profit of any feature of his farm. The result was that he quit fooling with beef and hogs and put more money and time into poultry. The increased prosperity on that farm was so marked that he wrote out for publication his experience.

Because a hen is small and a steer is big is a child's reason for having contempt for the former and respect for the latter, says Farmers' Voice. One of the biggest money makers on the world is the street car, which depends entirely upon the fact that it comes for five-cent fares. A hen, which depends entirely upon the fact that it comes for five-cent fares, yet just recently a syndicate was organized with over a million dollars capital to make "trust chewing gum." It will pay the farmer and his wife to consider the money there may be made in poultry if wisely directed. Organize the hen on a business basis; put up new, clean, airy quarters; get proper egg-making feeds; learn the value of cleanliness, light, warmth and sunshine in winter; get a good incubator and control your hatches so that you will have winter layers, broilers, etc., when they are most profitable. You will soon learn that for the money invested and labor required, the hen is the most economical and highly efficient converter of rough feeds into money you have ever tried.

POULTRY NOTES.

Breed up the flock and get uniform birds.

Shape makes the breed-color the variety.

Do not try to keep a larger flock than you can take care of.

Keep dampness out of the poultry house; that will help keep out disease.

The habit some hens have of laying every day is not shared by all. If you hatch eggs from these every-day layers you will soon find you have no drones in the flock.

In running your incubator follow each and every instruction given by the manufacturers to the letter. They want to see you succeed and are not imposing tasks they consider needless.

Neglected Fowls.

It is seldom that neglected fowls are profitable. A great many people have conceived the idea that they can start a flock and let it alone and that the results will be profits day by day. As well might a farmer plant a field to anything and expect it to produce a good crop without caring for it. The weeds would soon grow up and choke the economic plants. In the poultry house we do not have weeds, but we have lice, mites, rats, cats, hawks, diseases of many kinds and thieves. These all correspond to the weeds that choke the crop in the field. They make it impossible for the lazy person to succeed.

Lime for Sour Soils.

Lime is the best corrector of sour soils. If you had a plot that contained or produced a crop of sorrel last year you may rest assured that it is sour and crops will not make a profitable growth thereon until the sourness is overcome. Usually an application of from one to three tons per acre will be ample in the average cases. Besides correcting acidity, the lime will liberate much of the insoluble plant food, thus increasing the productiveness of the soil.

You won't find one man in a thousand who is doing the thing he would prefer to do if left entirely unfettered. If he is worth a tinker's dam, he is making the best of it, and is contented to rest the matter with his own conscience, and is comparatively happy. So, if you cannot be or do just what you want, make up your mind that you are in an average good condition if you are able to do something honest and profitable.

EPIGRAMS FROM CARNEGIE.

To educate the people is the foundation of all true progress. They'll do the rest themselves.

"To save and to serve, not to maim and to destroy"—that will be the text of the hero by-and-by.

I never was miserable. I don't see how any man can be if he does what he feels to be right.

Wealth lessens rather than increases human happiness. Millionaires who laugh are rare.

There is no heritage like being born poor. The leaders and teachers of this nation came from the poor.

The only sure way to keep "the submerged tenth" from drowning is to teach them to swim for themselves.

Old age should be spent not in "making mickle mair," but in making good use of what has been acquired.

I would rather be grandson to one who could teach me to make shoes than the descendant of 30 worthless dukes.

I believe in true democracy. When the people are really interested in anything their voice will be heard at the polls.

This republic is immortal. No matter what trouble it goes through it will weather it without having its foundations shaken.

PENCIL POINTS.

Off the track the finest engine runs amuck.

To the rope dancer everything seems unsteady.

Let many a too true jest be unsaid in words.

He who leaves early gets the pick of the umbrellas.

Never say die while there's a tu quoque in your locker.

To buy one's own coffin is simply throwing money away.

Put your trust in wit as a rapier; but keep the button on.

Never wince like a galled jade, your withers are wrung.

He who is asked to do a thing, should do it.

Crying wolf is a silly; it has been already watered by the milkman.

What is the use of a library if it is not used?

It is not the size of the man, but the size of his heart that counts.

It is not the number of the stars, but the number of the angels that counts.

It is not the number of the words, but the number of the deeds that counts.

It is not the number of the years, but the number of the days that counts.

It is not the number of the hours, but the number of the minutes that counts.

It is not the number of the seconds, but the number of the moments that counts.

It is not the number of the minutes, but the number of the seconds that counts.

It is not the number of the seconds, but the number of the minutes that counts.

It is not the number of the minutes, but the number of the hours that counts.

It is not the number of the hours, but the number of the days that counts.

It is not the number of the days, but the number of the weeks that counts.

It is not the number of the weeks, but the number of the months that counts.

It is not the number of the months, but the number of the years that counts.

It is not the number of the years, but the number of the centuries that counts.

It is not the number of the centuries, but the number of the millennia that counts.

It is not the number of the millennia, but the number of the eons that counts.

It is not the number of the eons, but the number of the aeons that counts.

It is not the number of the aeons, but the number of the eras that counts.

It is not the number of the eras, but the number of the epochs that counts.

It is not the number of the epochs, but the number of the ages that counts.

It is not the number of the ages, but the number of the dynasties that counts.

It is not the number of the dynasties, but the number of the reigns that counts.

It is not the number of the reigns, but the number of the reigns that counts.

It is not the number of the reigns, but the number of the reigns that counts.

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CASTORIA
For Infants and Children
The Kind You Always Buy
Bears the Signature of *Wm. D. Gifford*
Use For Over Thirty Years
CASTORIA
ALCOHOL 3 PER CENT.
A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Beware of Old Dispensaries!
Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.
Facsimile Signature of *Wm. D. Gifford*
NEW YORK.
At 6 months old 35 Doses—35 CENTS
Guaranteed under the Food and Drug Act.
Exact Copy of Wrapper.

A CURIOSITY!

To All Our Subscribers!



A GREAT CURIOSITY—30 Varieties Growing in

PARTICULARS
This melon patch will prove interesting, instructive and valuable. It enables you to test side by side 30 varieties of melons, and determine which you like best. A patch with 30 kinds of watermelons will be something pretty to look at, and afford at same time an object lesson in varieties. Ordinarily, 30 kinds would cost \$1.50, or, at 3 cents a paper, \$1.00, but we, under this special plan, propose to send the THIRTY KINDS, POST-PAID, as follows: One lot given free with each renewal or for One New Subscriber. Or, we will sell you a Sample Lot by mail for 50c. in stamps.

No Land So Rich That Fertilizer Cannot Make It Better

You use fertilizers for the profit you get out of them—and the better the land the more profitably a good fertilizer can be used on it. Do not imagine because land will produce a fair crop without

Virginia-Carolina Fertilizers

that these fertilizers cannot be profitably used on it, or that they were made only for land too poor to produce without them. If poor land will show a normal increase when fertilizer is used, good land will show at least double the increase. Use Virginia-Carolina Fertilizers to increase the quality, as well as the quantity of the crop—and you will increase the profits from your land.

"I have been using your fertilizers for a number of years," says Mr. William Fraiser, of Glasgow, La., "and find that it not only pays to fertilize, but to do plenty of it, and use the best fertilizers to be had, such as your brands. I have used a number of them and found them to be as recommended and to give better results than any other fertilizers that I have ever used."

Every planter and farmer should have a copy of the new 1909 Virginia-Carolina Farmers' Year-Book. Get a free copy from your fertilizer dealer, or write our nearest sales office.

Sales Offices
Richmond, Va.
Norfolk, Va.
Columbia, S. C.
Atlanta, Ga.
Savannah, Ga.
Memphis, Tenn.

Sales Offices
Durham, N. C.
Charleston, S. C.
Baltimore, Md.
Columbus, Ga.
Montgomery, Ala.
Shreveport, La.

Virginia-Carolina Chemical Co.
Fertilizers
Chemical Co.

A Lock that Locks
The Burriss
METAL Shingle

A Shingle the representative and best development of SHINGLE construction, approved and experienced building also by Cotton Mills

Manufactured by **JOHN T. BURRIS**
ANDERSON, S. C.

See them and judge for yourself their construction and beauty.

REPRESENTED LOCALLY BY JOHN L. THORNTON

Anderson Phosphate and Oil Company